



## *Commonwealth Home Support Program (CHSP) January 2024*

Direct Care Service	Rate
Domestic Assistance	\$20.00 / per service (up to a max of 1.5 hours per service)
Flexible Respite	\$18.00 per hour
Personal Care	\$18.00 per hour
Allied Health	\$20.00 / per service
Transport / Mileage	If transport or travel is part of the service, Mileage is charged at \$1.10 per kilometre.

What is the Commonwealth Home Support Program and who is it intended for to help?

The Commonwealth Home Support Program (CHSP) is an entry-level or short-term program to provide specific assistance such as general help around the home. The program is to help people live as independently as possible in the home with a focus on working with the care recipient rather than doing things for them.

What can I expect from my service?

**Domestic Assistance** – is provided in the care recipient’s home and refers to:

- General House Cleaning
- General Linen / Laundry Support
- Unaccompanied Shopping

The types of services provided to the client must directly relate to ensuring a client’s safety within the home only. Carrington staff are not commercial household cleaners.

Domestic Assistance providers are not expected to move or rearrange furniture or items that may put them at risk of injury or harm.

Services will only take place if the care recipient is physically present in the home at the time of service.

**Flexible Respite Services** - to support care relationships between carers and clients. To give carers a break from their caring role. The carer may or may not be present.

- Staff will provide care and support to the care recipient to give the carer a break. A range of activities that will take place during respite will be negotiated with the care coordinator.



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**Personal Care** – is to support care recipients in activities of daily living that help maintain appropriate standards of hygiene and grooming, including:

- Assistance with Self-Care such as
  - Bathing
  - Dressing
  - Grooming
  - Toileting
  - Eating
  - Getting in and out of bed
  - Moving about the house
- Assistance with client self-administration of medicine
  - Only administered from dose administration aids such as Webster Packs

**Allied Health** – is provided to care recipient's either individual or group basis and refers to:

- Exercise Physiology
- Physiotherapy
- Hydrotherapy

Allied Health is provided in two models of service.

- Ongoing Allied Health and Therapy Services
  - Ongoing or intermittent in nature and provided at a low intensity or frequency with a maintenance or preventative focus
- Restorative Care Services
  - Short-term services focused on increasing functional gain after a setback, preventing injury, or maintaining independence

### **Work Health and Safety**

Carrington has a responsibility to ensure a safe working environment for all staff. No staff member will be put at risk as relating to the following:

- Any Manual Handling and Physical Lifting of Care Recipients without the use of correct equipment or aids.
- Physical or Verbal Abuse or Threats of Abuse by Care Recipients, Carers or Representatives.
- Or any other inappropriate behaviour including suggestive notations.
- Smoking during service delivery. Clients are not to smoke in the presence of staff.
- Illegal activities that maybe taking place in the home.
- No firearms are to be kept within the premise.
- Or any other situation or circumstance that may pose a risk to the care staff's safety.

Should any of the above be identified services may cease until a safe working environment can be guaranteed for staff.